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Team Competition

Jersey Shore University Medical Center 5k Run/Walk and Community Day | Sunday, September 19, 2010

Proceeds to Benefit Jersey Shore University Medical Center and K. Hovnanian Children's Hospital

Team Competition Information

The 2010 Jersey Shore University Medical Center 5k Run will feature special awards for Meridian Health Teams and First Responders Teams. It is the responsibility of the members of each team to carefully adhere to the general and specific guidelines.

General Guidelines

1. All team members must submit an individual race application for the 5k race in addition to the team application. It is the responsibility of each team captain to insure that he or she has submitted an entry by **Friday, September 3, 2010. No raceday team entries or substitutions.**
2. Only one team entry needs to be submitted per team. There is no separate team entry fee in addition to the individual entry fees.
3. The verification of eligibility, official results and the final standings of all team entrants rests with the Jersey Shore University Medical Center race committee.
4. No runner may be entered on more than one team.
5. The team captain is responsible in ensuring that all team members are in fact registered for the race, and that runners are not enrolled on more than one team.
6. Walk registrants do not qualify for competitive teams.

Specific Guidelines

1. Teams need four finishers to receive a score.
2. No team will be eligible to place without two female and two male finishers. Awards will be based on the lowest combined time of the four scoring finishers.
3. Teams will consist of a maximum of five members, with the times of the first two male finishers and the first two female finishers determining the team score.
4. All members of the team must be team members of Meridian Health.
5. Awards will be given to the top three teams.

Specialty Teams

(Law Enforcement, Fire Department, First Aid Squads)

Minimum of three finishers

1. All members of the team must be from the same department or squad.
2. Teams will consist of a maximum of five members, with the times of the first three finishers determining the overall team score. Awards will be based on the lowest combined time of the three scoring finishers.
3. Awards will be given to the top three teams.



Please read Team Competition information sheet completely. Note: Members may be added or deleted until 5:00 p.m. Friday, September 3, 2010. No race day team entries or substitutions.

Name of Team: _____

Team Captain & Contact Person: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____

Team Members Name	Sex	Age	Bib Number (if known)	Official Use
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

The Jersey Shore University Medical Center Racing Committee reserves the right to determine eligibility in any of the above categories. Scoring results are final and are the sole responsibility of Jersey Shore University Medical Center. For information call 732.776.4075, visit www.JerseyShoreUniversityMedicalCenter.com/5kRace, or e-mail JSUMCrace@meridianhealth.com.

Mail:

Jersey Shore University Medical Center
Community Day/5K
PO Box 923
Neptune, NJ 07753

Interoffice:

Jersey Shore University Medical Center
Attention: Robert Cavanaugh,
Administration (Public Relations)

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Team Competition Form